Tracy's School Dinners

	Monday	Tuesday	Wednesday	Thursday	Friday
Weeks	Home-made Cheese	Pork and Apple		Roast Chicken	Omega 3 Fish
starting:	and Tomato Pizza ¹²	Burger ¹	Macaroni Cheese ¹²	Or Quorn fillet ¹	Fingers ¹⁴⁵
10/06/2024		Or Vege burger ¹		Stuffing	Or Vege Sticks ⁴¹²
01/07/2024	Potato of the day		Garlic Bread ¹²	Roast Potatoes,	_
	,	Cous cous ¹		Gravy ¹	French Fries
Weeks	Home-made Cheese	Chicken Fajita ¹	Pasta Bolognaise ¹	Sausages in Gravy ¹	Omega 3 Fish
starting:	and Tomato Pizza ¹²	Or	Or		Fingers ¹⁴⁵
17/06/2024		Vege Fajita¹	Tomato Pasta ¹	Or Vege Sausage ¹	Or Vege Sticks ⁴¹²
08/07/2024	Potato of the day				_
		Steamed Rice	Garlic Bread ¹²	Mashed Potatoes	French Fries
Weeks	Home-made Cheese	Sausage in Home-made	Jacket Potato	Roast Chicken	Omega 3 Fish
starting:	and Tomato Pizza ¹²	roll ¹	with a	Or Quorn fillet¹	Fingers ¹⁴⁵
03/06/2024		Or	choice of fillings ²⁵	Stuffing	Or Vege Sticks ⁴¹²
24/06/2024	Potato of the day	Vege sausage in a roll ¹²		Roast Potatoes,	
15/07/2024	·	_		Gravy ¹	French Fries

All meals are served with seasonal vegetables or choice of salads.

Allergens – You must inform the school of ANY allergies your child has.

Wheat ¹	Seafood ⁵	Sulphites*	* Most food contains Sulphite, if your child is allergic to	
Milk ²	Seasame seeds	Mustard	please inform the school.	
Soy ³	Peanut**		** <u>The School is a Nut free zone.</u>	
Egg⁴	Tree nuts**		Subject to change at short notice.	

A home-made pudding with a fruit option will be served every day.